

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31					1 Adamsville Com. Centre -- Breakfast , Bake Sale & Basement Sale B.L.M.S. -Bengals' Night Out
2 - Ol' Gospel Hymn Sing Bass River Hall -Music night	3 Bass River Hall -Cards -weight management Harcourt Legion -Aerobics	4 Bass River Hall -Pool Tournament	5 Harcourt Legion -Aerobics Harcourt Fire hall -karate	6 Targettville Rec Center -Music Night (7:00pm) Harcourt Fire hall -karate	7 Bookmobile -Eglise de St. Anne de Kent -West Branch- Zion Church Harcourt Post Office Bass River Hall -Pool Tournament -Bingo	8 Beersville Community Center - Breakfast
9 -A Musical Mother's Day Bass River Hall -Music night Trails and Tales Horse Club -Meeting	10 Bass River Hall -Cards -weight management Harcourt Legion -Aerobics	11 Bass River Hall -Pool Tournament	12 Harcourt Legion -Aerobics Harcourt Fire hall -karate	13 Targettville Rec Center -Music Night Harcourt Fire hall -karate	14 Bass River Hall -Pool Tournament -Bingo	15 Bass River Church Hall -Yard Sale Harcourt Legion -Men's Night Out
16 Bass River Hall -Music night Trail Ride	17 Bass River Hall -Cards -weight management Harcourt Legion -Aerobics	18 Bass River Hall -Pool Tournament	19 Harcourt Legion -Aerobics Harcourt Fire hall -karate	20 Targettville Rec Center -Music Night Harcourt Fire hall -karate	21 Bass River Hall -Pool Tournament -Bingo	22
23 Bass River Hall -Music night	24 Victoria Day Bass River Hall -Cards -weight management Harcourt Legion -Aerobics	25 Bass River Hall -Pool Tournament	26 Harcourt Legion -Aerobics Harcourt Fire hall -karate	27 Targettville Rec Center -Music Night Harcourt Fire hall -karate	28 Bass River Hall -Pool Tournament -Bingo	29 Bass River Church Hall -Breakfast Brown's Yard Fish Derby

UPRIVER ORGANIZES

Residents of our Upriver area have voiced a Great interest in guitar lessons for children and adults, dance lessons for children and Yoga classes and English as a Second Language. If you would like to learn or help others learn any of these please call or email Tina Beers at 785-4348 or tinabeers@xplornet.com.

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Issue # 2



UPRIVER NEWSLETTER EDITORIAL

Upriver Food For Thought

To forget how to dig the earth and to tend the soil is to forget ourselves. (Gandhi)

I recently attended a Local Food Forum in Moncton hosted by the Fundy Biosphere Reserve, Post Carbon Greater Moncton, the NB Food Security Action Network, ACORN and the K.C. Irving Chair in Sustainable Development at University of Moncton. What I learned was the average age of the farmer is 56 years old. Our farmers as well as our farm land are disappearing at an alarming rate because we import 85% of the food we eat. The farther our food travels the less control we have over knowing what has gone into it. Some great suggestions to come out of the Local Food Forum were: We can check labels to see where our food is grown and **BUY LOCAL** whenever possible. We can ask questions about where our food comes from and request locally grown food when in season. Choose Atlantic grown and Canadian grown when not available locally. We have many farmers right here in Kent County who produce really good, healthy food. **If at all possible, buy from the farmer. Everyone has the right to affordable, nutritious, locally grown food. When we buy locally, we support local families and that puts money back into our community.**

Other suggestions included: host more Food Forums to raise awareness, start a campaign promoting Farmers; **"Who's your farmer?"** and develop Community Gardens for those who want to grow their own vegetables but have no garden.

At our last Upriver Community Development meeting, it was suggested we start a Farmers Market that could be held in a different Upriver local every week, this could also be quite attractive to the people who own cottages in our area. If you are interested, please give me a call or send me an email at tinabeers@xplornet.com. If you would like to share an opinion, thought or idea please send it along just keep in mind I do have editing powers. Tina Beers, 785-4348
Harcourt, NB

Upriver Thanks!

I would like to take this opportunity to thank **Patsy Theriault** who has graciously volunteered to do the layout of Upriver News every month and thank you to Amanda Furlong's, **Human Services class** at the Bonar Law Memorial High School for making the awesome boxes placed at Thompson's Store and Harry's Variety. You can place events and articles you wish to submit to the Upriver newsletter in these boxes or email or call me. If you would like to see your business featured in Upriver News let me know and I'll send you the necessary information. The deadline for submissions is the 19th of every month. **Have a great May everybody!**

UPRIVER COMMUNITY

Upriver Business

Mine Stream Milling...was established in the spring



of 1996 in Beersville. As the commercial says, inconveniently located but well worth the trip. Proprietor, Dale Warman was looking for a change of employment and decided since he had worked in the woods and knew his way around a saw that owning his own sawmill might work. In the beginning it was a portable sawmill business but over time with the price of gas and other factors it made more sense to build a building and remain in one place. The business expanded over the years to include a planer and dry kiln and most recently a shop to house the lumber. Located at 2890 on Route 465, the business offers an array of products with the emphasis on his cedar and pine, that includes, decking, fencing, clapboard siding, log siding, tongue & groove, planed or rough boards, window and door trim, baseboards, flooring, stakes, slab wood to name a few. You can also bring your logs to Dale and have them milled to your specifications and depending on your location and amount of material, delivery is available.

After being in the business for 14yrs Dale can tell you what you need and which type of lumber works best for each job if you are not sure yourself. His products have been sold as far away as Iceland, St John, Cape Breton and a little closer to home, both in the greater Westmorland and Kent areas. Free estimates are available and he welcomes contractors looking to price. Being a small business owner he has put in countless hours, but he attributes his work ethic and values from watching his parents as a boy working on the farm and in the woods. Dales' motto is and always has been honesty and integrity. Being in business, your word is your reputation something else he took from his father and with that Dale has built a small, quality business in Kent County with the help of his wife, Cheryl and three daughters, Shelby, Kelsey and Haley. Dale welcomes anyone looking at building or renovating to stop in or call him at 506-785-6670 or 523-3296 and leave a message.

Harcourt Adult Learning Center Wants You!!!

Can you imagine having fun learning at school? For a lot of people, memories of their school days would be anything but fun. Many people have suffered a life time of discouragement due to the bad school experiences they suffered. We now realize that learning happens best in an environment that is pleasant and supportive. Here at the Harcourt learning center, our focus is on making your experience as positive as possible! We welcome anybody 19 years or older who wants to upgrade their Education. We can help you at any level, from grade 1 through GED (high school graduation equivalent) preparation. Our approach is individual, personal, and very flexible. We work with each person according to where they are at, their goals, and the methods with which they are most comfortable. So, do not be afraid to give it a try. You'll be glad you did! It is not too late to sign up. We meet every Monday-Friday, from 8:30am to 3:00pm, from now until May 19th. We will need interest from more people if we are to be able to continue the program, as hoped, for next fall. If your goal is to upgrade towards getting a job, or a better job, E.I. may pay you \$100 per week to attend, even if you don't qualify for their usual programs. Don't hesitate! Pick up your phone & call us now at: 785-9197 or 523-9097!



The Tassel is worth the Hassle!!!

UPRIVER EVENTS

Bengals' Night Out

A Night of Musical Entertainment on April 29, 30 and May 1, 7pm @ Bonar Law Memorial School Theatre. \$5.00 adults & \$3.00 12 and under. For tickets contact the school @ 523-7160

Breakfast & Bake Sale & Basement Sale

Saturday, May 1 from 8:00am-11:00am at the Adamsville Community Centre. Adults \$6, Children 12 and under \$3. Sale includes a variety of used items. Contact Lisa Daigle-785-1813 for more info.

Ol' Gospel Hymn Sing

Sunday, May 2, 7pm @ St. James in Beersville Area churches get together monthly, with a light-lunch fellowship following.

Annual Community Center Breakfast

Saturday, May 8, 7:30am-11:00am @ Beersville Community Center. Voluntary donation at the door. Everyone Welcome!

A Musical Mother's Day

Sunday, May 9, 7pm @ St. Mark's Presbyterian Church, 9242 Rte. 490. There will be a special offering to help cover the last costs on the organ and welcoming a number of local musicians and singers.

Yard Sale

Saturday, May 15, 10am @ Bass River Church Hall, 9384 Rte. 490. Lunches and Hot Dogs will be sold in support of the Bass River Presbyterian Pastoral Charge; St. Mark's in Bass River, St. James in Beersville, St. Andrew's in Clairville and the Zion in West Branch.

Men's Night Out

Saturday, May 15, 6pm @ Harcourt Legion Roast Beef Supper-tickets \$30.00 with proceeds going towards The Harcourt Home & School Association. Draw for \$1000.00. Dance to follow with tickets at the door for \$10.00-music by Heartland. Call Juanita Thompson 785-9006.

Trail Ride (Horses)

Sunday, May 16, 10:30am @ Brian Robertson's

Breakfast

Saturday, May 29, 8:00am @ Bass River Presbyterian Church Hall. Free will offering with proceeds going to the St Mark's Presbyterian Ladies Aid.

Brown's Yard Fish Derby

On Saturday, May 29th, tickets will be available May 1st. We'll be meeting in Brown's Yard on the 28th for setup, volunteers needed, everyone welcome!

Spaghetti Supper

Saturday, June 5, 4:30pm-7pm @ Bass River Church Hall, 9384 Rte. 490. Free Will Offering, with proceeds going towards the Bass River Presbyterian Pastoral Charge.

Flea Market

Saturday, June 5 @ Harcourt Legion

Poker Run Trail Ride (Horses)

Sunday, June 13 @ Heidi Whalen's

ONGOING UPRIVER EVENTS

Trails and Tales Horse Club

Meeting @ the Targettville Rec Center every 2nd Sunday of the month @ 8pm

Targettville Rec Center

Every Thursday at 7:00pm, we have music night, come and bring an instrument or just come and listen. All are welcome.

Shotokan Karate from 6:30pm -8:00pm on Wednesday and Thursday nights at the Harcourt Fire hall. Contact Anthony Fahey for more information.

The Harcourt Home and School Association

50/50 Draw at Harry's Variety \$1.00 per week and you may pay in advance Proceeds go to Hot Lunch Program at the school

Aerobics

Harcourt Legion on Monday and Wednesday nights-7:00pm-8:00pm Cost: \$5.00 per class. Fun for all levels!

We Can Do It!

Our new community activity program for healthy eating and weight management. At the Bass River Hall on Monday evenings at 7 pm. Everyone welcome. Small donation requested at door. For more info, talk with Debbie at the Post Office.

Collective Kitchen... Do you like to cook? Are you



interested in food and food related issues? Share recipes, kitchen tips and learn to cook healthy food on a budget.

Contact Tina Beers at 785-4348.

Bookmobile Southeast Schedule

St. Anne de Kent 11:00-11:45-7615 Rte. 134
West Branch 1:00-1:30-709 Zion Church Rd.
Harcourt 2:15-2:45 post office-7997 Rte. 126
All times are approximate 506-453-5380
bookmobile.southeast@gnb.ca
www.gnb.ca/publiclibraries